



Eligibility, Waiver and Release

Transcending Typical Adventure Co., LLC designs programs and events that require a moderate level of physical health and experience in the backcountry, unless specified. We prioritize the health and wellbeing of participants and staff. We are committed to minimizing risks associated with backcountry and wilderness adventure trips. There may involve physical exertion and exposure to the elements, including cold water, cold and hot temperatures, sun, wind, rain and snow. Due to these considerations, our programs are open to individuals who meet the following eligibility criteria. Factors such as physical and emotional ability, fitness, heart and/or medical considerations, and others are considered. Take the time to read and acknowledge the following conditions before you pay your trip's deposit as they are nonrefundable.

1. **Cognitive Ability** - Individuals must be able to effectively perceive, understand, and follow direction and instructions independently. The ability to follow emergency procedures is especially important. They must be able to perceive and comprehend inherent risks of the activity, to follow standard risk management protocols and to pay attention during safety talks. They must be able to remain alert and focused for the duration of the activity/program.
2. **Communication** - Individuals must be able to effectively signal or notify, to trip leaders and other participants, danger, personal distress, injury, need for assistance, etc. This includes being able to do so in potentially stressful and/or dangerous situations.
3. **Personal/Self Care** - Individual must have the ability to independently* manage all personal care and to perform necessary duties related. This includes, but is not limited to, managing known medical conditions/prescriptions, proper hydration, sufficient food consumption, adequate clothing for environmental conditions (heat, sun, cold, rain, etc.), bladder/bowel control and toileting needs, and knowing their limitations. (* = if a participant is not fully able to manage these on their own (ie: young children, persons with disabilities, etc.) they must be accompanied by a dedicated person to assist them.)
4. **Physical Activity** - Individuals must be able to perform and withstand moderate physical activity, sometimes for extended periods of time. This may include such things as: managing and carrying personal gear/bags of 25 pounds or more, hiking (including uphill) on uneven and/or rocky terrain, etc.
5. **Environmental Exposure** - Individuals must be able to withstand, and operate in, challenging and/or changing outdoor/environmental conditions, including but not limited to: hot and/or cold air temperatures, rain/snow/ice, direct sun exposure, strong wind, insects, etc. Any environmental allergen concerns must be properly anticipated and addressed.



6. Leave No Trace - Individual must be able to follow and adhere to best practices and Leave No Trace principles in order to minimize and/or eliminate any impacts we have on the wild places

PARTICIPANT'S NAME: _____

COMPANY NAME: Transcending Typical Adventure Co. LLC

DEFINITION: In this Release Agreement, the term "Adventure" shall include all activities, events, or services provided, arranged, organized, conducted, sponsored, or authorized by the Releases. It encompasses activities such as adventure travel, guided hikes, orientational courses, and other related services.

ASSUMPTION OF RISKS: I acknowledge that participating in Adventure activities involves inherent risks, dangers, and hazards.

I am aware of these risks and freely accept and fully assume all such risks, dangers, and hazards, including the possibility of personal injury, death, property damage, or loss resulting from Adventure activities.

RELEASE OF LIABILITY, WAIVER OF CLAIMS, AND INDEMNITY: In consideration of the Releases allowing my participation in Adventure activities and permitting my use of their services, equipment, and facilities, I hereby agree as follows:

1. **Release of Liability:** I release the Releases from any liability for personal injury, death, property damage, or loss arising from Adventure activities.
2. **Waiver of Claims:** I waive any claims against the Releases related to Adventure activities.
3. **Indemnity:** I agree to indemnify and hold harmless the Released from any claims, demands, actions, or costs arising out of my participation in Adventure activities.

SIGNATURE: By signing below, I acknowledge that I have read and understood this Agreement. I voluntarily participate in agreed upon plans and activities and assume all risks associated with them.

Participant's Signature: _____ Date: _____
